

Race Date
May 08, 2021

Eat Better Live Better 5K

Age Group Results

5K Run

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Eithan Bar-Nur		20	122	2	17:56.9
2	Cody Redmond	Bridgeville PA	28	330	5	19:37.8
3	Georgios Loudaros	West Palm Beach FL	37	301	6	19:58.7

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Emily Faulhaber	Fort Lauderdale FL	19	47	1	17:35.0
2	Staci Huelat	Boynton Beach FL	33	282	3	18:51.5
3	Emily Daycock	Fort Lauderdale FL	29	231	4	19:15.3

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5K Run

Male 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Charlie Bordeaux	Boca Raton FL	7	254	52	25:33.1

Male 9 t o 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Dylan Vining	Parkland FL	9	363	41	24:54.9
2	Asher Daly	Pompano Beach FL	10	200	139	32:54.6
3	Holden Schneider	Wellington FL	9	342	159	35:12.4

Female 9 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Sydney Stier	Boca Raton FL	12	355	164	35:50.3
2	Jennifer Smith	Fort Lauderdale FL	12	350	194	39:29.8
3	Valeria Paredes	Deerfield Beach FL	11	119	221	44:57.2
4	Isabella Alfonso	West Palm Beach FL	12	102	224	45:14.1
5	Gabriela Leoni	Boca Raton FL	12	195	231	47:43.9

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Patrick McBrien	Boca Raton FL	13	155	25	23:31.4
2	Joshua Marrone	Palm Beach Garden FL	14	269	252	1:01:02.5

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Luca Orasi	West Palm Beach FL	15	315	9	20:39.1
2	Thomas Hayes	West Richland WA	17	274	17	22:18.4
3	Deshawn Mitchell		15	85	34	23:55.2
4	Quinton Wiebe	Davie FL	19	371	68	26:55.4
5	Wesley Warren	Boca Raton FL	17	126	73	27:15.2
6	William Penn	Delray Beach FL	16	324	243	53:53.4

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Megan Hayes	West Richland WA	18	273	130	32:31.3

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5K Run

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
2	Jalayah Pitts	Delray Beach FL	18	327	161	35:21.6
3	Alison Touhsant	Coconut Creek FL	17	359	202	41:01.3

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Sterling Watson	Riviera Beach FL	28	43	11	20:59.1
2	Carlos Rivas Rocha	Fort Lauderdale FL	27	52	18	22:36.0
3	Buster Sheridan	Boca Raton FL	25	50	21	23:23.6
4	Ahmed Awada	Delray Beach FL	27	205	24	23:28.9
5	Mauricio Neira	Wellington FL	27	309	46	25:13.7
6	Chad Cate		24	375	57	25:50.0
7	Nicholas Gall	West Palm Beach FL	26	26	74	27:17.5
8	Henry Penagos	Delray Beach FL	28	22	115	31:01.4
9	Philip Caine	Delray Beach FL	24	217	131	32:37.1
10	Deshawn Warren	Boca Raton, FL	26	133	136	32:48.0
11	Nick Uribe	West Palm Beach FL	23	362	144	33:23.6
12	Andrew Medina	West Palm Beach FL	27	33	201	40:54.9
13	Jeff Cronin	Miami FL	26	53	212	43:13.1
14	Justin Stubbs	West Palm Beach FL	26	30	229	47:31.8
15	Justin Cohen	Boca Raton FL	26	223	234	48:45.8
16	Hubert Luders	Pompano Beach FL	20	302	241	53:10.0

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Rebekah Helwig		28	83	10	20:39.3
2	Katie Dodge	Delray Beach FL	27	21	12	21:10.2
3	Melanie Decker	Coral Springs FL	27	180	32	23:53.6
4	Alissa Sanchez	Wellington FL	27	339	47	25:14.5
5	Victoria Gallagher	Lake Worth FL	27	261	54	25:34.7
6	Emily Nichols	Fort Lauderdale FL	29	310	70	27:09.6
7	Shanelle Abreu	West Palm Beach FL	29	25	72	27:14.1
8	Maria Neira	Wellington FL	25	308	75	27:17.7
9	Kelly Hayes	West Richland WA	21	272	80	27:43.8
10	Sarah Lavelanet	Boca Raton FL	29	278	106	30:02.1
11	Brooke Camilleri	Boca Raton FL	28	257	118	31:31.5
12	Jazmine Estrada	West Palm Beach FL	24	31	153	34:42.7
13	Madison Cresswell	Boynton Beach FL	24	230	154	34:42.8
14	Judith Ortega	West Palm Beach FL	23	41	179	37:49.8

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Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
15	Nyla Williams	Loxahatchee FL	24	20	204	41:40.3
16	Nathalie Filossaint	Pompano Beach FL	28	129	205	41:41.8
17	Diana Morales	West Palm Beach FL	23	36	217	44:17.9

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	John O'Brien	Boynton Beach FL	37	67	8	20:30.4
2	Timothy Messina	West Palm Beach FL	31	120	22	23:24.3
3	Alan Baeza	West Palm Beach FL	33	37	27	23:36.9
4	Marshall Sklar	Boca Raton FL	37	345	31	23:51.4
5	Floyd Carmant	Woburn MA	36	221	36	24:04.8
6	Jhoel Gaona	Delray Beach FL	32	263	44	25:05.8
7	Sean Gurley	Delray Beach FL	32	267	45	25:13.4
8	Tim Palmer	Boynton Beach FL	39	319	48	25:21.7
9	Esteban Dobles	Boynton Beach FL	33	241	49	25:24.2
10	Gabriel Bordeaux	Boca Raton FL	35	253	53	25:33.7
11	Ernest Mitchell		37	84	71	27:12.2
12	Michael Trocchia	Wellington FL	32	361	76	27:18.2
13	Yuriy Shibanov	Boca Raton FL	35	343	81	27:45.7
14	Thomas Long	Colorado Springs CO	36	300	85	28:05.8
15	Christopher Cantaloube	Boca Raton FL	32	190	89	28:20.5
16	Michael Cantaloube	Orlando FL	31	219	93	28:23.4
17	Ioane Delacruz	Fort Lauderdale FL	32	232	119	31:35.0
18	Jonathan Rein	Pompano Beach FL	35	198	138	32:52.5
19	Daniel Studdard	Delray Beach FL	35	357	151	34:36.7
20	Jeffrey Brickle	Boynton Beachboynton	33	213	156	34:47.4
21	Pavel Cosa	West Palm Beach FL	31	39	169	36:01.2
22	Barry Derilus	Coral Springs FL	37	116	211	42:26.4
23	Tj Lewis	Riviera Beach FL	33	42	222	45:10.7
24	Douglas Corea	Miami FL	31	229	236	49:06.9
25	Emanuel Jackson	Delray Beach FL	37	284	240	52:39.2

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Allison Alldredge	Pembroke Pines FL	34	203	7	20:06.9
2	Megan Callahan	Lake Worth FL	30	218	51	25:31.7
3	Jade Gaona	Delray Beach FL	36	262	77	27:19.9
4	Brittany Horn	Hudson MA	32	277	82	27:51.8

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5K Run

Female 30 to 39

Place	Name	City	Age	Bib No	Overall	Time
5	Lesley Restivo	Boca Raton FL	38	46	88	28:19.0
6	Jacqueline Morreale	Boca Raton FL	37	252	90	28:20.7
7	Laurette Pasqualini	Boca Raton FL	30	189	91	28:21.2
8	Melissa White	Boynton Beach FL	35	66	96	28:32.7
9	Griselle Moore	Lake Worth FL	31	245	101	29:13.4
10	Shannon Stockman	Boynton Beach FL	38	356	102	29:43.9
11	Carrie Leahy	Miami Beach FL	30	51	103	29:44.6
12	Kim Parker	Tamarac FL	32	320	108	30:06.4
13	Lauren Koblick	Parkland FL	36	114	109	30:18.0
14	Bailey Hopkins	West Palm Beach FL	30	23	113	30:53.4
15	Kelly Horn	Waltham MA	33	281	114	30:53.7
16	Nairobi Senft	Dania FL	37	160	117	31:24.7
17	Michelle Mitidieri	Miami FL	37	306	120	31:41.5
18	Timeka Douse	Fort Lauderdale FL	37	235	124	32:11.6
19	Kelly McNeill	Boynton Beach FL	32	70	137	32:51.4
20	Aracelly Latino-Feliz	Oakland Park FL	38	293	140	33:03.0
21	Gina Burford	Boynton Beach FL	36	63	146	34:04.7
22	Becky Dobles	Boynton Beach FL	32	242	150	34:34.0
23	Michelle Edwards	Boynton Beach FL	32	11	162	35:37.7
24	Maribel Sobrevilla	Stuart FL	32	351	168	35:59.6
25	Hallie Daly	Pompano Beach FL	34	199	170	36:04.0
26	Amanda Regueiro	Jupiter FL	33	54	189	38:56.3
27	Kayla Gordon	West Palm Beach FL	30	24	203	41:07.8
28	Nadia Parker	Delray Beach FL	34	321	208	42:05.2
29	Nineth Barrios	Miami FL	38	209	216	44:13.7
30	Annie Alonso	West Palm Beach FL	30	101	225	45:15.4
31	Saara Juman	Boca Raton FL	32	144	227	45:17.0
32	Cozette Clark	West Palm Beach FL	37	34	251	59:16.9
33	Lindsay Jarvis	Westminster MA	38	287	254	1:01:15.8

Male 40 to 49

Place	Name	City	Age	Bib No	Overall	Time
1	Adailton Rodrigues	Coral Springs FL	42	192	13	21:22.3
2	Daniel Davidowitz	Boynton Beach FL	47	93	16	22:08.4
3	Todd Smaka	Boynton Beach FL	46	139	20	23:21.9
4	Jeremy Logan	Boca Raton FL	48	299	30	23:45.3
5	David Halpern	Boca Raton FL	45	258	33	23:54.4
6	Gregory Jean-Pierre	Boca Raton FL	43	288	42	24:57.2
7	Erick Quiroz	Boca Raton FL	49	279	60	25:54.2
8	Luis Feliz	Fort Lauderdale FL	42	240	78	27:25.2

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5K Run

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
9	Mucio Leoni	Boca Raton FL	43	194	94	28:28.4
10	Jon Burford	Boynton Beach FL	42	62	122	31:59.2
11	Jeff Brodeur	Worcester MA	44	214	123	32:09.2
12	Allan Figueroa	Pompano Beach FL	42	113	125	32:14.3
13	Brian Schneider	Wellington FL	49	340	160	35:14.5
14	Chris Stier	Boca Raton FL	46	354	165	35:52.8
15	Ricardo Raad	Boca Raton FL	40	158	177	37:08.4
16	Shane Bronson	Lake Odessa MI	46	215	183	38:17.9
17	Edward Bittman	Boca Raton FL	47	211	190	39:03.1
18	Elias Janetis	Boca Raton FL	46	285	191	39:05.0
19	Dan Smith	Falls Church VA	44	348	200	40:35.0
20	Miguel Johnson	West Palm Beach FL	49	40	247	58:16.7
21	Chris Roberson	West Palm Beach FL	40	96	249	58:57.8
22	Eric Hein	West Palm Beach FL	48	32	256	1:07:32.6

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Kathy McBrien	Boca Raton FL	44	150	26	23:36.7
2	Alissa Berkowitz	Boca Raton FL	49	91	38	24:08.4
3	Christine Hiler	Coral Springs FL	49	275	40	24:27.9
4	Christie Hayes	West Richland WA	47	271	50	25:28.9
5	Antonella Bordeaux	Boca Raton FL	43	255	55	25:41.2
6	Jackie Qualters	Lake Worth FL	40	56	58	25:50.4
7	Jessica Weliky	Boca Raton FL	42	367	59	25:53.6
8	Georgina Marchionni	Delray Beach FL	49	197	63	26:22.2
9	Kelly Klitzberg	Boca Raton FL	40	95	64	26:31.4
10	Jaime Vining	Parkland FL	40	364	65	26:38.8
11	Shona Castillo	Boynton Beach FL	49	16	66	26:44.7
12	Kim Morrissey	Deerfield Beach FL	47	73	87	28:14.2
13	Jackie Coker	Boca Raton FL	45	71	100	28:59.2
14	Daniele Souza	Boca Raton FL	40	352	110	30:34.2
15	Cara Pace	Lake Worth FL	41	317	112	30:42.1
16	Shira McMahan	Jensen Beach FL	40	305	116	31:08.8
17	Betina Fonte	West Palm Beach FL	40	74	121	31:57.9
18	Charity Brennan	West Palm Beach FL	41	77	126	32:21.2
19	Catherine Touhsant	Coconut Creek FL	48	360	128	32:26.3
20	Maria Haddix	Deerfield Beach FL	47	72	135	32:41.8
21	Lainie Hoffman	Boca Raton FL	46	276	141	33:04.7
22	Yami Padula	Delray Beach FL	42	159	143	33:21.7
23	Rebecca Smaka	Boynton Beach FL	45	140	147	34:10.3

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Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
24	Maria Harden	Boynton Beach FL	43	9	148	34:12.4
25	Alicia Valdivieso	Deerfield Beach FL	49	117	152	34:39.0
26	Adriana Santovenia	Boca Raton FL	47	162	155	34:43.5
27	Tiesha Dyer	Delray Beach FL	42	236	157	35:10.2
28	Carissa Schneider	Wellington FL	46	341	158	35:11.7
29	Fanny Laurella	Fort Lauderdale FL	40	294	171	36:21.7
30	Erica Arteta	Miami Gardens FL	48	172	182	38:07.4
31	Stephanie Myer	Lake Worth Beach FL	45	68	195	39:36.1
32	Doris Daif	Boynton Beach FL	48	86	199	40:20.0
33	Amy Metula	Delray Beach FL	42	134	206	41:55.2
34	Arleen Goldenberg	Delray Beach FL	44	131	207	41:56.9
35	Melissa Herrera	Lake Worth FL	44	76	210	42:21.5
36	Sandra Viera	Parkland FL	49	163	213	43:29.4
37	Gena Barbera	Lake Worth FL	44	12	214	43:30.5
38	Cindy Turner	Lake Worth FL	40	10	215	43:31.9
39	Ilana Marcus	Boynton Beach FL	42	58	218	44:43.9
40	Melissa Burns	Boynton Beach FL	40	57	219	44:45.0
41	Carolina Arganaraz	Boynton Beach FL	42	204	220	44:52.5
42	Carol Ribeiro	Boca Raton FL	40	193	233	48:06.7
43	Elizabeth Guilboa	Lake Worth FL	48	88	239	49:30.9
44	Kelly Miller	Suffern NY	49	132	242	53:41.4
45	Danielle Ekback	Hollywood FL	47	237	244	54:39.3
46	Kelli Johnson	West Palm Beach FL	40	35	250	59:14.6
47	Yari Vasylyk	West Palm Beach FL	43	29	253	1:01:02.7
48	April O'Connor	Wellington FL	47	314	255	1:05:35.7

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Dale Ruby	Palm City FL	59	335	14	21:26.8
2	David Dffenbach	Boca Raton FL	56	44	23	23:28.3
3	Lloyd Berkowitz	Boca Raton FL	55	87	28	23:40.8
4	Ernest Modock		52	81	29	23:42.7
5	Dean Marrone	Palm Beach Garden FL	53	268	35	23:56.2
6	Allen Notkin	Cooper City FL	59	311	39	24:12.1
7	Philip Wiebe	Davie FL	51	370	56	25:41.9
8	Bret Colteryahn	Hollywood FL	58	225	61	26:05.4
9	Barry Cohen	Boca Raton FL	55	65	67	26:51.0
10	Andrew Parker	Boynton Beach FL	50	124	97	28:33.6
11	Ariel Tolentino	Cooper City FL	56	112	99	28:40.6
12	John Walsh	Boca Raton FL	51	365	104	29:56.6

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Age Group Results

5K Run

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
13	Peter Quinter		56	82	133	32:40.0
14	Edward Downey	Boynton Beach FL	52	17	134	32:40.9
15	Walca Ryan		59	121	166	35:55.1
16	Christopher Roschek	Boca Raton FL	50	334	181	38:02.7
17	Harry Rodriguez	Boca Raton FL	57	2	192	39:22.1
18	Mike Zyla	Deerfield Beach FL	56	143	237	49:08.6
19	David Oaks	Fort Lauderdale FL	53	312	246	56:35.7

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Anne Illions	Southold NY	56	64	37	24:06.4
2	Alisa Wampler	Boca Raton FL	50	366	43	24:59.9
3	Sheryl Berenson	Boca Raton FL	52	157	69	26:59.7
4	Alix Neal	Lake Worth FL	50	55	86	28:11.9
5	Helene Cola	Coral Springs FL	58	224	107	30:06.2
6	Carolina Wiebe	Davie FL	51	369	111	30:37.0
7	Deb Botfield	Boca Raton FL	54	1	127	32:23.3
8	Martha Lebolo	Boca Raton FL	59	164	132	32:38.4
9	Lisa Silvestri	Boynton Beach FL	54	344	142	33:04.9
10	Fabiana Rabinovich	Boca Raton FL	55	149	145	33:32.2
11	Maridae Teuchert	Delray Beach FL	58	13	167	35:58.6
12	Sabrina Burlew	Lake Worth FL	59	280	172	36:22.7
13	Lauren Gavagni	Boynton Beach FL	57	264	173	36:26.2
14	Catalina Constantin	Boca Raton FL	51	110	174	36:29.2
15	Sharon Rudd	Boca Raton FL	56	336	175	36:47.9
16	Jennifer Davis	Delray Beach FL	54	59	178	37:30.2
17	Veronica Valencia	Deerfield Beach FL	51	118	180	37:54.7
18	Debralyn Camilleri	Boca Raton FL	59	115	185	38:41.5
19	Sharon Peress	Boca Raton FL	54	325	186	38:44.8
20	Kim Washko	Boca Raton FL	58	49	187	38:48.2
21	Karen Oaks	Fort Lauderdale FL	52	313	188	38:49.1
22	Maritza Gonzalez	Boca Raton FL	53	14	193	39:27.7
23	Monica Kaufmann	Lake Worth FL	56	98	197	39:58.7
24	Diane Blind	Loxahatchee FL	56	75	209	42:20.0
25	Barbara McKnight		55	379	223	45:11.9
26	Stacey Horowitz	Boca Raton FL	53	128	228	46:16.3
27	Christine Cordek	Deerfield Beach FL	58	111	238	49:22.6
28	Becca Tebon	Boca Raton FL	57	358	257	1:09:57.2

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5K Run

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Rafael Guijarro	Pembroke Pines FL	60	266	15	21:32.7
2	Jeff Powers	Boca Raton FL	67	5	19	22:50.4
3	Frank Smith	Fort Lauderdale FL	66	349	79	27:35.3
4	Gene Harning		63	251	83	27:58.7
5	Larry Hull	Delray Beach FL	69	18	84	28:02.1
6	Steve Austin	Fort Lauderdale FL	74	15	95	28:32.1
7	Joe Rusinowski	Pompano Beach FL	66	337	98	28:37.3
8	Michael Litel	Boca Raton FL	65	298	105	30:00.2
9	Bill Weiss	Boca Raton FL	66	109	176	36:58.9
10	Steve Silverman	Boca Raton FL	74	142	184	38:36.4
11	Leonardo Karalis	Lantana FL	61	99	196	39:58.1
12	Timothy Keating	Boynton Beach FL	68	19	235	48:47.4

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Patricia Kutner Fiume	Boca Raton FL	65	103	62	26:14.8
2	Cathy Bonnot	Boca Raton FL	61	191	92	28:22.3
3	Norma Harning	Rye NH	61	270	129	32:30.7
4	Julie Hidalgo	Boca Raton FL	62	141	149	34:28.4
5	Joy Buckley	Delray Beach FL	61	48	163	35:46.4
6	Sammie Palmer	Jupiter FL	71	318	198	40:05.8
7	Farieza Juman	Boca Raton FL	61	145	226	45:15.9
8	Joan Ickler	Pompano Beach FL	74	283	230	47:42.4
9	Beatriz Corea	Miami FL	62	228	232	47:51.2
10	Yvonne Peirce	Hollywood FL	70	323	245	54:43.2
11	Gina Katz	Boca Raton FL	62	289	248	58:38.7